

Montana Asthma Home Visiting Program (MAP)



CONTACT
asthmainfo@mt.gov
1-844-MTHLT4U
1-844-684-5848

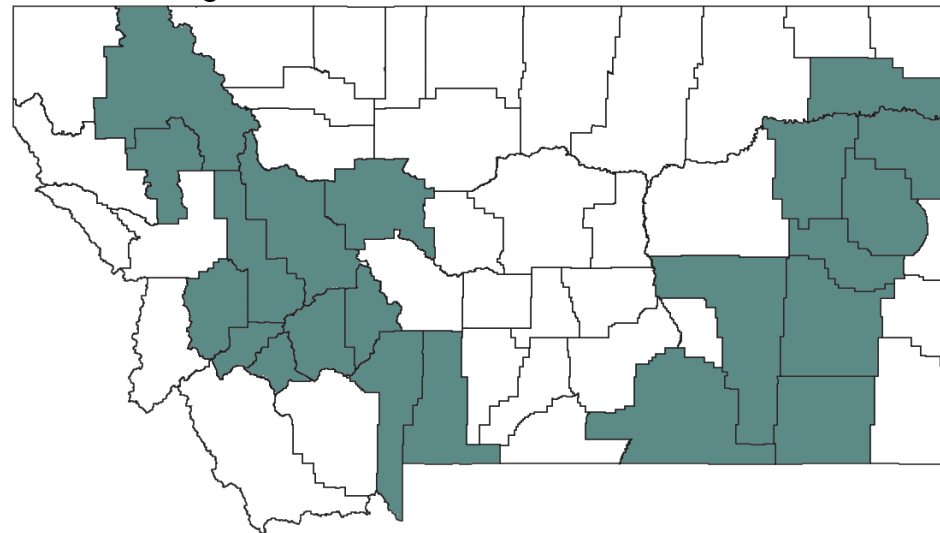
Committed to improving asthma one visit at a time.

MAP empowers individuals with uncontrolled asthma and their families to gain the knowledge and tools needed to manage the disease. Since implementation in 2011, MAP has served a total of 929 Montanans with uncontrolled asthma in 35 counties. The MAP is a free service with no insurance requirements.

The program includes six visits with a trained home visiting nurse or respiratory therapist who provides specific education and support to help clients self-manage their asthma. Educational topics include:

- environmental asthma triggers,
- asthma medications and inhaler technique,
- asthma action plans,
- and the importance of regular medical care.

MAP provides **in-home** visits across 21 counties, with virtual home visiting available in all 56 counties.



MAP has been serving Montana families for **14 years**.

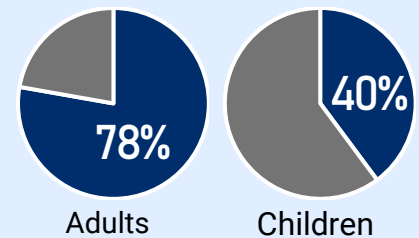


817 children (0 to 17 years of age) served since 2011 and **108 adults** served since 2020.

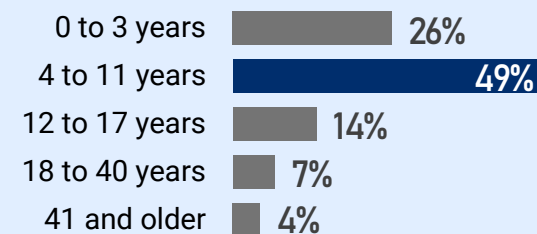


Over **3,500** total visits completed for MAP clients.

78% of adult and 40% of child MAP clients have been **female**.



Almost half of MAP participants have been between the ages of **4 to 11 years**.



Resources

Visit these websites for more information:

<https://dphhs.mt.gov/asthma>

<https://dphhs.mt.gov/asthma/astmahomevisiting>

An increasing number of MAP participants saw an improvement in their asthma health from the **first visit** to their **last visit**.

